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[The Color of Diseases and Herbs-chromatic Illustrating the Yin-yang Regulation Theory in Traditional Chinese Medicine](#)

Traditional Chinese medicine (TCM) has been used to serve people since antiquity in China, and still has an important role in today's healthcare. As the outbreak of coronavirus disease 2019 (COVID-19) globally, TCM has played an important role in the fight against COVID-19 in China and other countries. However, scientists outside China doubted TCM. The philosophy of TCM in the description of diseases and the use of herbal medicines is difficult to understand for Western scientists. This article explains the philosophy of TCM using chromatic analogies to make it easily understandable and visually intuitive.
